# Quality of education in a changing world

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#### Disclosures

#### • Sophie Wilson

- Employee of International Medical Press (IMP) a provider of IME and accredited CME
- IMP receives funding from pharmaceutical companies for independent and certified medical education programmes
- IMP is a member of the Good CME Practice group (www.gcmep.org)

#### Learning objectives

Following this presentation, you will be able to:

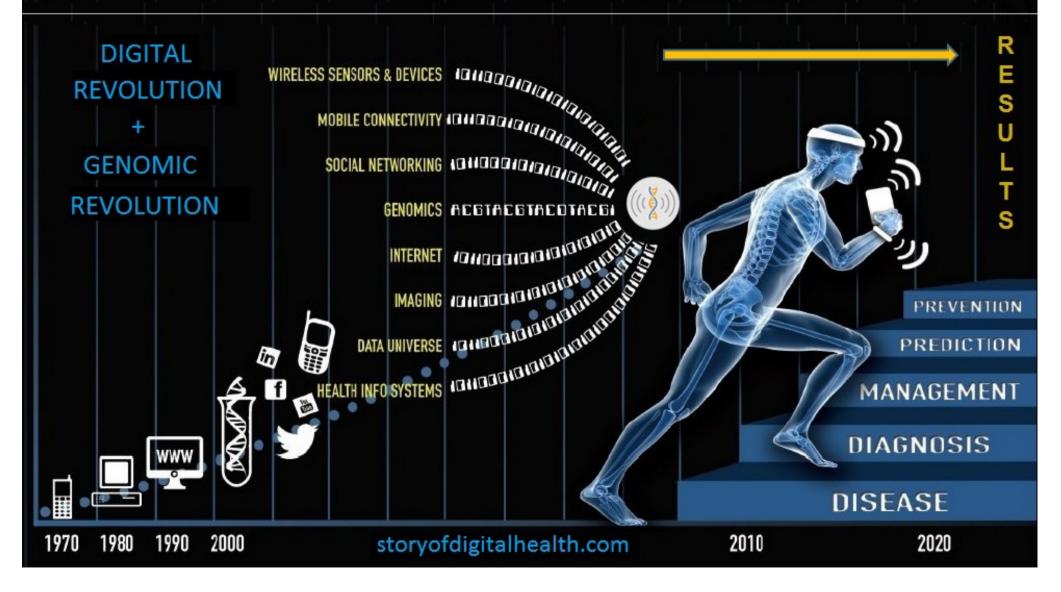
- Be aware of the changing environment for CME across Europe
- Describe the key principles of quality and effective CME in Europe
- Make the link between effectiveness, appropriate education, transparency and balance and achieving high standard of education

### A changing world

- Increasing mobility of patients and healthcare profesionals across Europe
  - Wide variations in medication training, competencies and skills
- Increasing need for accountability and transparency has led to mounting pressure to ensure competency of medical professions so as to safeguard patients and ensure the highest quality of care
- Needs and diversity of practice have evolved
  - Interdisciplinary, multidisciplinary, etc
- ... and technology

#### THE DIGITAL HEALTH REVOLUTION

#### Infographic by Paul Sonnier



#### Continuing medical education vs CME

- Four types of continuing medical education
  - Industry-controlled product specific education
  - Industry-initiated professional development/medical disease programmes
  - Collaborative partnerships
  - IME: industry-supported via independent grant and 'CMEaccreditable'

## IME / accreditable CME

- Absence of clear and consistent guidance from accreditation agencies and emerging guidance from industry regulatory bodies
  - Providers are faced with conflicting requirements for independence, accreditation and use of funding
  - Definitions, guidelines and requirements from accreditation and industry bodies are often in direct conflict

#### So who are the providers?

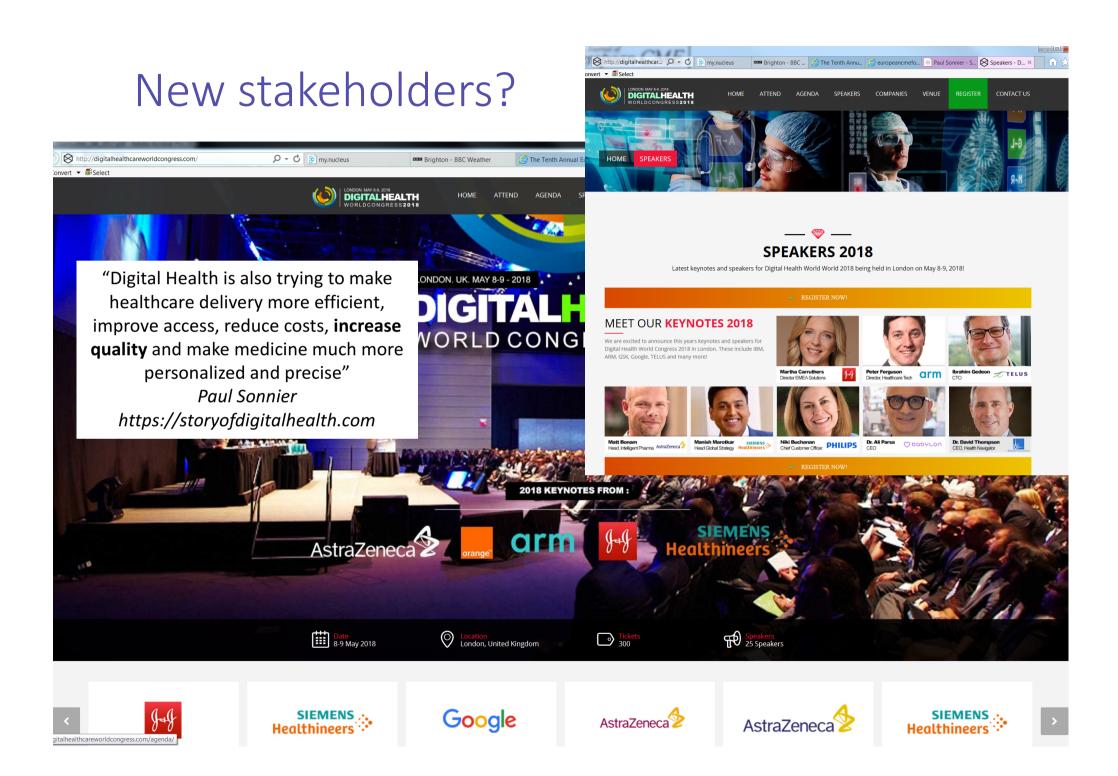
- Accreditation Council for Continuing Medical Education (ACCME)
  - "... Any entity that has regular, recurring programme of CME, can meet the accreditation requirements, and is not a commercial interest..."
  - Medical schools, medical speciality societies, insurance companies, medical education and publishing companies, government agencies, hospitals and health systems, Foundations and other non-for-profit
  - Accredited providers
- Other systems state that the provider must
  - be 'aligned with a speciality'
  - or be a 'physican organization'

#### So who are the providers?

- In Europe, the type of organization providing CME is less important than the expectation that the education provided is independent and free of third-party influence or commercial interest
  - EACCME will not consider accreditation where the content, format or faculty is influenced by industry
  - "...overall responsibility for content should reside with an appropriate medical specialist who will take responsibility for the application." [EACCME]
  - Event/activity accreditation prevails

EACCME, European Accreditation Coucil for Continuing Medical Education

http://www.accme.org/for-media/accme-at-a-glance



## What makes 'good' IME/CME?

- 1. Appropriate Education
- 2. Effectiveness
- 3. Balance
- 4. Transparency

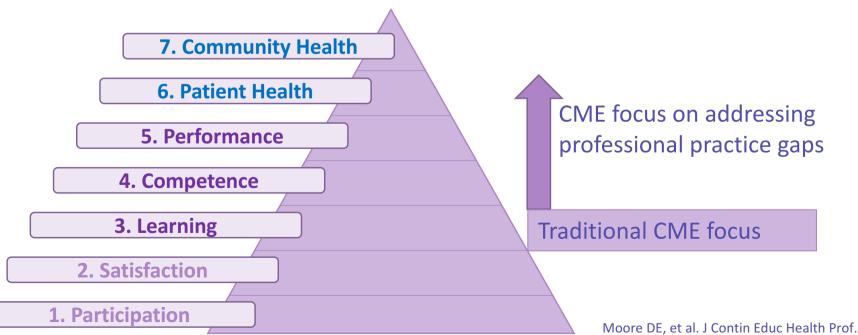


#### Appropriate education

- Is there a gap in clinical knowledge, competence and performance? Is there a need for instruction?
  - Gap analysis, needs assessment
- For whom should the programme be developed?
  - Characteristics of learners, target audience
- What should the learners/HCPs learn?
  - Learning objectives
- How is the medical subject, content or skill best learned?
  - Educational strategy
- How is the extent to which the learning is achieved determined?
  - Evaluation, outcomes measures

#### Effective education

- At a minimum, level 3 (knowledge) should be achieved and measured
- Where possible and appropriate to the needs of the learners, levels 4 to 7 should be achieved and measured



Moore DE, et al. J Contin Educ Health Prof. 2009; 29(1):1–15. Moore DE & Stevenson R. JAMA 2018.

#### Transparent education

- Doing the right thing AND showing you are doing the right thing!
  - Documentation of independent planning
  - Disclosure of all support
  - Disclosure of relevant relationships/ potential conflicts of interest
    - Mitigation of conflicts / documentation
  - Reporting to accreditors, supporters and other relevant regulatory bodies
- Trust and accountability

#### Balanced education

- All content must be reviewed and directed by designated faculty
- Content must be evidence-based
- Content must not be influenced by supporter or any other organization with a perceived agenda
- Potential conflicts of interest by faculty and individuals involved in content of the educational activity must be identified, documented and resolved
- All disclosure information must be communicated to learners

#### Take home

- 1. Appropriate Education
- 2. Effectiveness
- 3. Balance
- 4. Transparency



## Thank you

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