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# Use of social media (and digital features) to maximise the impact of your research

Caroline Halford, Adis Publishing Manager MedComms Networking Event, 1 March 2017 www.MedCommsNetworking.com



# **Reader habits are changing**

- Medical literature is now predominantly read online
  - 99% desktop/laptop
  - 84% smart phone
  - 54% tablet
- "Nobody reads a journal from cover to cover anymore" quote from Adis journal editorial board members
- The way HCPs are accessing the medical literature is changing:
  - PubMed
  - Google
- Publishing in a specific journal is not going to guarantee that your work will reach your target audience
- Discoverability is now key!



### **Reader habits are changing**

"40% of millennials already turn to social media for any health-related purpose. Social media satisfies millennial's desire for community and convenience, quick, on-demand access across their devices, and control of how often to engage and with whom. They're drawn to social media because it gives them a platform to reach their peers and a voice across their network"

Taren Grom, Editor, Pharma Voice

# Journals are increasingly looking to social media to drive conversations within the medical community

# Get social with Springer!

Springer is committed to furthering the global conversation among researchers and professionals around the world. Join us and your peers on Twitter, Facebook, LinkedIn and more.

Watch our new video!

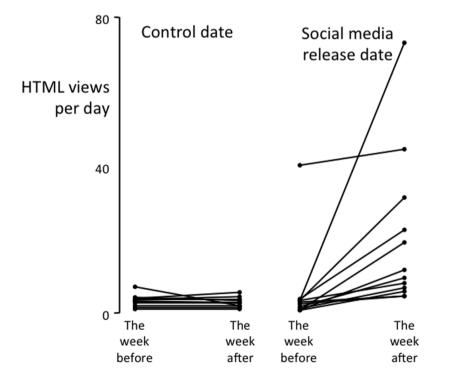


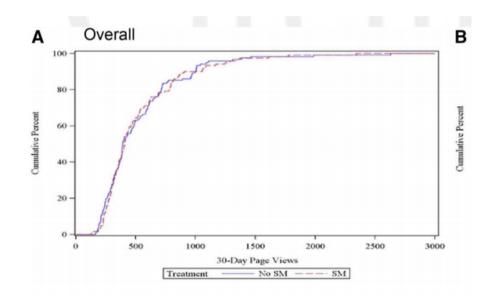
"Social networks are sites that are more heavily weighted by the spiders (webcrawlers), so sites like LinkedIn, Twitter, Facebook and Google+ will appear earlier in search results, many times much higher than your university or organization's sites. The more actively involved you are in social networking, the more people will see what you want them to see when they search for you or your related content (like your books, journals, organizations, etc.)."

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### Can social media lead to increased downloads?

PLOS One article (2013) showed that social media promotion did lead to increased downloads Randomized trial in *Circulation* (2014) found no increase in readership when social media was used as promotional tool





### Can social media lead to increased citations?

Eysenbach G. Can Tweets Predict Citations? Metrics of Social Impact Based on Twitter and Correlation with Traditional Metrics of Scientific Impact. J Med Internet Res. 2011;13(4): e123.

- Analysis of all tweets containing links to articles in the Journal of Medical Internet Research (JMIR) between 2009 and 2010
- Results: "Tweets can predict highly cited articles within the first 3 days of article publication."
- "Social media activity either increases citations or reflects the underlying qualities of the article that also predict citations"

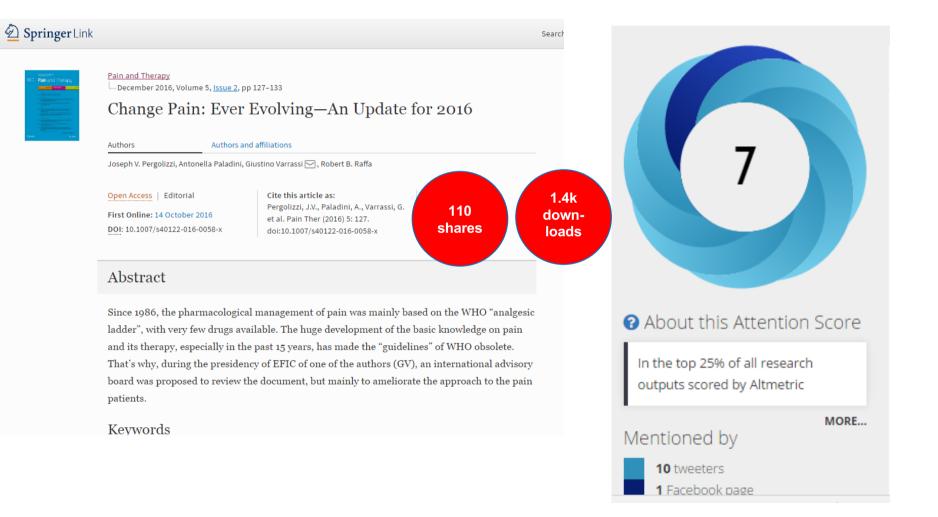
Ortega JL. 'Twitter can help with scientific dissemination but its influence on citation impact is less clear. London School of Economics and Political Science. 2017 [Blog]

- 166 articles from 76 Twitter users and 124 from non-Twitter users were analysed.
- Results: papers from Twitter users are 33% more tweeted than documents of non-Twitter users.
- "Participation on Twitter affects the dissemination of research papers, and in consequence, it indirectly favours the likelihood that academic outputs being cited"

# Examples of how social media has contributed to impact of articles published in Adis journals

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### Eat, sleep, share, repeat: the power of persistence





# Social media factors that contributed to the reach of the article



So far, Altmetric has seen 110 tweets from 10 users, with an upper bound of 7,100 followers.



giuvarr @giuvarr

@EULAPain Pain Medicine, an ever evolving approach https://t.co/vmeal624EG



@giuvarr

A new interesting paper on the evolution of pain medicine in Europe https://t.co/vicf1BhJZP

03 Feb 2017



giuvarr

@giuvarr

@eulapain Pain Medicine, an ever evolving medical specialty https://t.co/S5PT1KGyxW

06 Feb 2017



@eulap

RT @giuvarr: A new interesting paper on the evolution of pain medicine in Europe - https://t.co/vicf1BhJZP

- The article has been shared more than 100 times... Mostly from Prof. Varrassi himself
- Prof. Varrassi's strategy:
  - Tagging relevant associations
  - Rewording his tweets slightly each time, but still reflecting the review content
  - Repeating daily or weekly
  - Spikes in downloads corresponded with his Twitter activity

03 Feb 2017



# Authors promoting work on social media within first 30 days of publication can provide an initial 'hit' of impact

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Editorial Global Antimicrobial Stewardship: Challenges and Suc Stewards Debra A. Goff, Michael J. Rybak » Download PDF (354KB) » View Article	Co-published with Adis 12 Pages 1-3
Editorial Global Antimicrobial Stewardship: Challenges and Suc Stewards Debra A. Goff, Michael J. Rybak » Download PDF (354KB) » View Article Original Research	Co-published with Adis 12 Pages 1-3
Editorial Global Antimicrobial Stewardship: Challenges and Suc Stewards Debra A. Goff, Michael J. Rybak » Download PDF (354KB) » View Article Original Research Antimicrobial Stewardship with Pharmacist Intervention	Co-published with Adis 12 Pages 1-3

Impact of Antimicrobial Stewardship Program (ASP) on Outcomes in Patients with Acute Bacterial Skin and Skin Structure Infections (ABSSSIs) in an Acute-Tertiary Care Hospital Li Wen Loo Yi Xin Liew Winnie Lee Piotr Chlebicki

- Six articles published at the same time
- The Adis journal team sent each set of authors the same guidance on social media to maximise impact
- Three of the six groups of authors used Twitter to disseminate their work
- <u>Those that used Twitter received an</u> <u>immediate boost to downloads and</u> <u>shares (hundreds of downloads vs tens)</u>
- However, in the long term, the impact has evened out

# JL Ortega: Twitter can help with scientific dissemination but its influence on citation impact is less clear

- 4,166 articles from 76 Twitter users and 124 non-Twitter users were analysed.
- PlumX Analytics used to count the number of tweets a document receives
- Scopus was used to extract citation numbers.
- A manual search was done to distinguish authors with a handle on Twitter
- Results showed that <u>papers from Twitter users could be on average 33% more</u> <u>tweeted than documents of non-Twitter users</u> (Twitter users mean = 2.33 tweets per paper; non-Twitter users mean = 1.75).
- "Participation on Twitter affects the dissemination of research papers, and in consequence, it indirectly favours the likelihood that academic outputs being cited"

# In the long-term (2 years), the articles all gained impact

Article title	Shares	Citations	Downloads
Antimicrobial Stewardship from Policy to Practice: Experiences from UK Antimicrobial Pharmacists	36	1	820
Antimicrobial Stewardship in the ER	31	2	1000
Antimicrobial Stewardship with Pharmacist Intervention in South Africa	27	3	526
Antimicrobial Stewardship in Australian Hospitals	4	4	602
Considerations About Antimicrobial Stewardship in Settings with Epidemic Extended-Spectrum β- Lactamase-Producing or Carbapenem-Resistant Enterobacteriaceae	4	6	739
Impact of Antimicrobial Stewardship Program (ASP) on Outcomes in an Acute-Tertiary Care Hospital	2	2	400



## Multichannel approaches can be effective in driving impact



# Social media factors that contributed to the reach of the article

# Press release by author institution

#### NEWS<sub>eam</sub>

by 2035

The study also calculated the economic cost of Type 2 diabetes -which affects 90 percent of all diabetes patients...

600 million people will be afflicted by diabetes

#### s MNT

#### What is the global economic burden of type 2 diabetes?

Medical News Today, 17 Mar 20

A new study investigating the global economic impact of type 2 diabetes finds that the US has the highest lifetime health care...

#### SCIENCE

#### Bloggers

### America Is The Most Expensive Country In The World - If You Have Type 2 Diabetes

Mary Nichols , Design & Trend Contributor Mar, 19, 2015, 10:50 AM



**TAGS:** AMERICA HEALTHCARE, HEALTHCARE USA, HEALTH, HEALTHY LIVING, DIABETES, TYPE 2 DIABETES, CURE FOR DIABETES, DIABETES, SUGAR FREE, GENDER EQUALITY, INCOME LEVELS, ECONOMIC IMPACT, PUBLIC HEALTH, BLOODSTREAM, GLUCOSE IN BLOOD, HEALTHY DIET, EXERCISE, DIABETES



#### Global economic impact of diabetes revealed in

new study Science Daily, 17 Mar 2015

Diabetes reduces people's employment chances and wages

### **KOL shared on Facebook**



Michael Sagner, MD 23 March 2015 · 🔅

Lifestyle Diseases and Economy: Women with type 2 diabetes have highest annual income loss worldwide, losing \$21,392 per year. Also reduces a woman's chance of employment by 50%, study shows. http://link.springer.com/artic.../10.1007%2Fs40273-015-0268-9...



The Economic Costs of Type 2 Diabetes: A Global Systematic Review -...

There has been a widely documented and recognized



# Authors tweeted (which was RT by their peers)

RT @CedarUK: CEDAR & @uniofeastanglia: The Economic Costs of Type 2 Diabetes: A Global Systematic Review, http://t.co/HGPVW0wu2V.http://t

015



CEDAR @CedarUK

CEDAR & @uniofeastanglia: The Economic Costs of Type 2 Diabetes: A Global Systematic Review. http://t.co/HGPYW0wu2V http://t.co/yuLPMoLvn6

10 Aug 2015

# We have seen many other examples of the multichannel approach helping maximise reach

#### Video documentary and press release

Advances in Therapy

July 2011, Volume 28, <u>Issue 7</u>, pp 586–601

Pseudobulbar affect: an under-recognized and under treated neurological disorder

Press release detailing plans for next phase of clinical development (citing the previously published research within)

Advances in Therapy

November 2016, Volume 33, <u>Issue 11</u>, pp 2082–2090

Outcomes Following Implantation of Two Second-Generation Trabecular Micro-Bypass Stents in Patients with Open-Angle Glaucoma on One Medication: 18-Month Follow-Up

### Press release detailing Q3 financials (citing the below-mentioned review within it)

Advances in Therapy January 2017, Volume 33, <u>Issue 12</u>, pp 2122–2138

Chemosaturation Percutaneous Hepatic Perfusion: A Systematic Review

# Author blog, Tweets, Google+, Facebook, videos

July 2001, Volume 18, <u>Issue 4</u>, pp 189–193

Preventing the common cold with a garlic supplement: A double-blind, placebo-controlled survey

# A short title containing the key results can increase impact (encourages social sharing, downloads, and citations)

CLINICS 2012:67(5):509-513

DOI:10.6061/clinics/2012(05)17

#### BASIC RESEARCH

# Articles with short titles describing the results are cited more often

Carlos Eduardo Paiva.<sup>I,II</sup> João Paulo da Silveir

Barretos Cancer Hospital, Department of Clinical Oncology, Divis Post-graduation Program, Barretos/SP, Brazil.

**OBJECTIVE:** The aim of this study was to evaluat assess the possible impact of these titles on pred

METHODS: Research articles (n = 423, published and from 12 Biomed Central (BMC) journals were NATURE | NEWS in December 2011. The titles were classified ac results-describing titles. The number of title cha specific geographical region, and the use of a co analyzed to identify predictors of views and citat title characteristics that could predict citation ra

**RESULTS:** Short-titled articles had higher viewing question mark, containing a reference to a spec Boer Deng associated with a lower number of citations. Arti with methods-describing titles. After multivaria remained as predictors of the number of citation

CONCLUSIONS: Some features of article titles can h presenting results or conclusions were independent could be used by authors, reviewers, and editors to



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### Papers with shorter titles get more citations

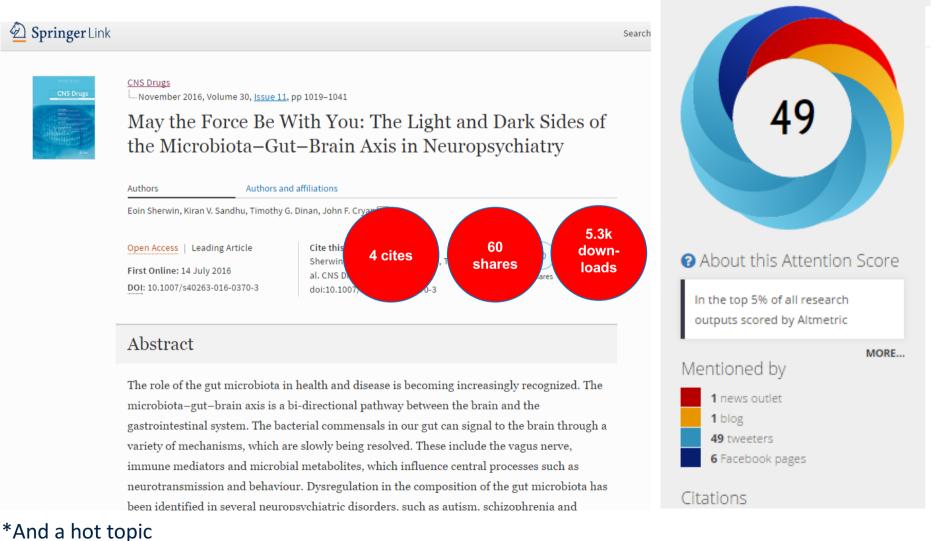
Intriguing correlation mined from 140,000 papers.

26 August 2015

Rights & Permissions To William Shakespeare, brevity was the soul of wit. For scientists, it may be even more valuable, as conciseness seems to correlate with how frequently a research paper is cited. 



# Another example of how a catchy title has helped extend the reach of an article on social media



http://link.springer.com/article/10.1007/s40263-016-0370-3

# The perfect storm: multichannel approach, 'digestable tweets', coordinated timing, hashtags, digital features



#### Advances in Therapy

January 2017, Volume 33, <u>Issue 12</u>, pp 2160–2172

Awareness, Knowledge, and Perceptions of Biosimilars Among Specialty Physicians

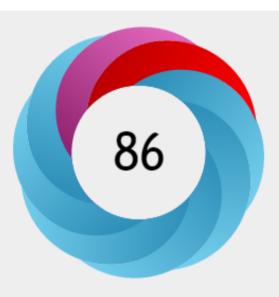


#### Authors and affiliations

Hillel Cohen 🖂 , Donna Beydoun, David Chien, Tracy Lessor, Dorothy McCabe, Michael Muenzberg, Robert Popovian, Jonathan Uy

Open Access   Original Research	Cite this article as:	139	3.8k
First Online: 31 October 2016	Cohen, H., Beydoun, D Adv Ther (2017) 33: 216	shares	down- Share loads
DOI: 10.1007/s12325-016-0431-5	doi:10.1007/s12325-016	-043.	

### Abstract



#### O About this Attention Score

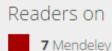
In the top 5% of all research outputs scored by Altmetric

MORE ....





1 Google+ user





n...

### **Multiple channels driving impact**

# Simultaneous publication alongside the DIA Biosimilars congress 2016

#### **Biosimilars 2016**

Preview the New Agenda for DIA Biosimilars 2016, the Premier Global

**Biosimilars Conference.** 

- 27 Oct 2016 8:15 AM 28 Oct 2016 5:00 PM
- Renaissance Washington DC Dupont Circle Hotel
- Formerly Renaissance M Street Hotel 1143 New Hampshire Avenue, NW, Washington, DC 20037 USA

#### **Press releases**



Awareness Of Biosimilars Among U.S. Specialty Physicians Is High But New Survey Identifies

Mananed Healthcare Five

Five things physicians don't know ...

🤹 for when Planmarian Association' and New survey identifies gaps in biosimilar awareness among specialty physicians American Pharmacists Association, 02 Nov 2016 A new survey shows that more than 75% of specialty physicians

have heard of biosimilars, but there are gaps in their knowledge...

Video abstract with the press release (and published with the article)



# Social media strategy sharing key data, at the right time, with hashtags and infographics

USBiosimilars @USBiosimilars · Jan 23 Biosimilars Awareness of *#biosimilars* is high, but there are still 5 major knowledge gaps we need to address. goo.gl/gQR1NU Awareness, Knowledge & Perceptions of Biosimilars among Specialty Physicians Defining biosimilars & biosimilarity 00 Understanding the pathway Appreciating the similar safety of ilars and their reference products Understanding extrapolation Understanding interchangeability IDENTIFIED

> 6 5 **41** 7

Biosimilars

oz percent or physicians believe #biosimilars will expand treatment options. Click here for more info goo.gl/6bKgMN



biosimilarsforum.org @USbiosimilars

biosimilarsforum.org @UShiosimilars

USBiosimilars Biosimilars @USBiosimilars

Follow

Of surveyed physicians, 77% had heard the term #biosimilars in the previous month. Read more here: goo.gl/Zc8xTm



USBiosimilars @USBiosimilars · 28 Dec 2016 Biosimilars Physicians who better understand #biosimilars have fewer concerns with safety + efficacy, survey results indicate



Awareness, Knowledge, and Perceptions of Biosi... The Biosimilars Forum conducted a survey through an independent organization from November 20, 2015 to January 4, 2016 in order to assess current levels of ...

link.springer.com

**1** 5 9 3



## Disseminating your data in new formats can also increase impact

- Research by Gavin Sharrock of Wiley (ISMPP EU 2017): Different types of HCP have different readership needs
  - Full text; or
  - Infographics; or
  - Digital features
- Qualitative research by the Adis Drug Evaluation team: HCPs have little time to browse
  - Looking for key points of each article, quickly
  - Easy-to-understand figures and tables are key
- Many journals are now recognising this, and publishing **digital features** which are ideal for sharing on social media platforms

# **Can digital features increase the impact of medical research?**

- Taylor & Francis: "Video abstracts can help to engage readers and may lead to increased usage and citation"
- Elsevier: "[Audioslides] enable authors to promote their work and summarize their main findings in their own words; [and] help readers quickly determine the relevance of an article"
- The *Advances in Therapy* biosimilars article certain gained a boost from the infographics and videos attached. Other digital features have received high downloads
- Scott Spicer's research (for the Journal of Librarianship and Scholarly Communication) demonstrated that "<u>A higher percentage (36%) of the 25 top articles (based on reader usage) had an associated video abstract</u>. This could be due to an effect of video abstracts on article visibility or could reflect the greater likelihood of an author of a top-ranked article to produce a video abstract. Popular authors may be more creative or may have a larger budget to support video production compared to other authors."

http://editorresources.taylorandfrancisgroup.com/video-abstracts/

https://www.elsevier.com/books-and-journals/enrichments/audioslides

http://jlsc-pub.org/articles/abstract/10.7710/2162-3309.1110/

http://thescientistvideographer.com/wordpress/do-video-abstracts-increase-the-impact-of-scholarly-articles/

# Conclusion

- Does impactful research drive social media shares? Or does social media create impactful articles? Difficult to know which comes first!
- Nevertheless, using social media can be a powerful way of promoting and diffusing research
- Indirectly, such broad dissemination could influence the scholarly impact, slightly improving the prospect of increased citations
- Tips to increase impact of articles
  - Encourage authors to share their work via social media
  - Ensure that the title of the work is short and captures the key findings
  - Share the work on multiple platforms
  - Coordinate the social sharing with a relevant event (e.g. a conference) if possible
  - Combining social media with digital features may help to drive readership to the article

Ortega JL. 'Twitter can help with scientific dissemination but its influence on citation impact is less clear: http://blogs.lse.ac.uk/impactofsocialsciences/2017/01/11/twitter-can-help-with-scientific-dissemination-but-its-influence-on-citation-impact-is-less-clear/



### Please contact me if you have any questions

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