

#### **Rick Flemming**

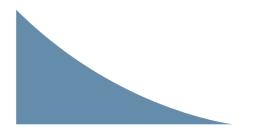




### **Before MedComms**



- BSc in Physiological Sciences, Newcastle University ('93-96)
- MSc in Human and Applied Physiology, King's College, London ('96-97)
- Editorial Assistant,
  Royal Pharmaceutical Society of
  Great Britain, London ('97-98)



### **Before MedComms**

#### PhD Physiology & Pharmacology, Leeds ('98-2002)

Journal of Physiology (2002), 543.2, pp. 455–464 © The Physiological Society 2002

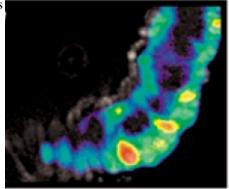
DOI: 10.1113/jphysiol.2002.023366 www.jphysiol.org

#### Discrete store-operated calcium influx into an intracellular compartment in rabbit arteriolar smooth muscle

R. Flemming, A. Cheong, A. M. Dedman and D. J. Beech

School of Biomedical Sciences, University of Leeds, Leeds LS2 9JT, UK

This study tested the hypothesis that store-operated channels (SOCs) exist as a discrete population of Ca<sup>2+</sup> channels activated by depletion of intracellular Ca<sup>2+</sup> stores in cerebral arteriolar smooth muscle cells and explored their direct contractile function. Using the Ca<sup>2+</sup> indicator fura-PE3 it was

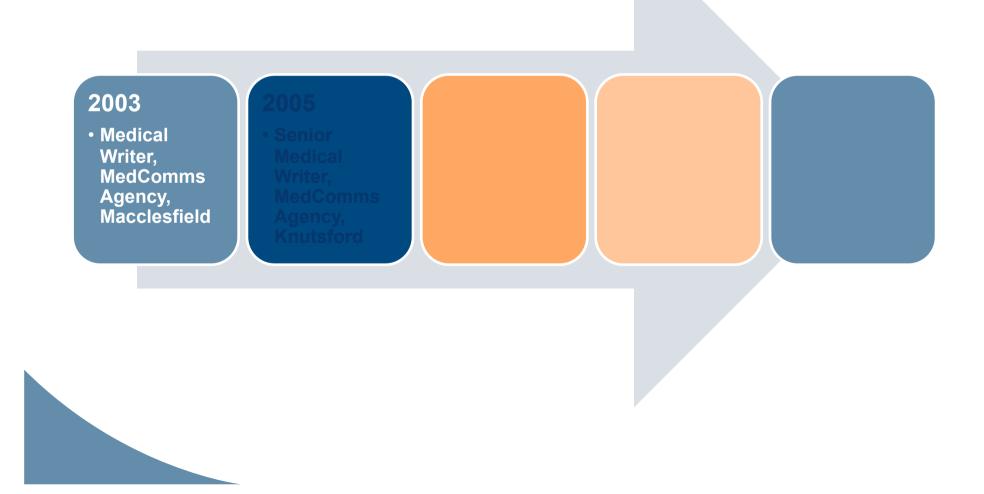




## Leaving academia



- Narrow career path
- Short-term contracts
- Time for a change
- Knew my limitations



#### Why did I become a medical writer?



... and fundamentally, I enjoy and am good at writing...

# What did I learn in academia that is relevant to medical writing?

Research skills and not get side tracked by needless detail Attention to detail and scientific accuracy

Confidence in learning new skills and facts Ability to contribute to a team

#### Moving into MedComms: culture shock

• Friday.....

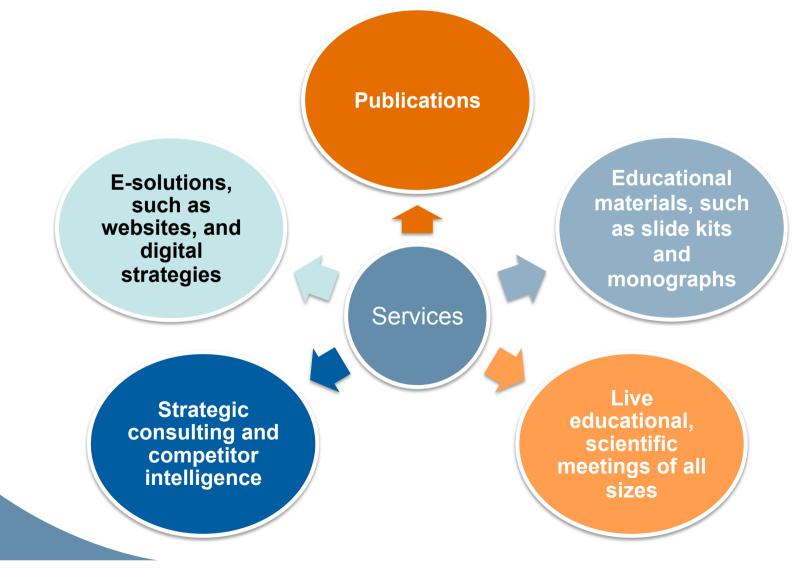
Monday....







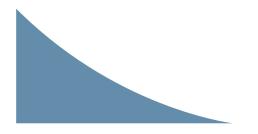
## Overview of <u>some</u> medical communication services





#### **Publications**

- Abstracts for congresses
- Posters/slide presentations for congresses
- Clinical study manuscripts
- Review articles
- Meta-analyses



### **Clinical study manuscript**

# Tolerability and safety of perampanel: two randomized dose-escalation studies

Krauss GL, Bar M, Biton V, Klapper JA, Rektor I, Vaiciene-Magistris N, Squillacote D, Kumar D. Tolerability and safety of perampanel: two randomized dose-escalation studies. Acta Neurol Scand: DOI: 10.1111/j.1600-0404.2011.01588.x. © 2011 John Wiley & Sons A/S.

*Objectives* – To evaluate, for the first time in patients with epilepsy, the tolerability and safety of escalating doses of oral perampanel, a novel, selective, non-competitive AMPA antagonist, as adjunctive therapy for refractory partial-onset seizures. *Materials and methods* – Two consecutive, randomized, double-blind, dose-escalation studies recruited adults (18–70 years) with uncontrolled partial-onset seizures receiving one to three concomitant antiepileptic drugs. In study 206,

#### G. L. Krauss<sup>1</sup>, M. Bar<sup>2</sup>, V. Biton<sup>3</sup>, J. A. Klapper<sup>4</sup>, I. Rektor<sup>5</sup>,

- N. Vaiciene-Magistris<sup>6</sup>,
- D. Squillacote<sup>7</sup>, D. Kumar<sup>7</sup>

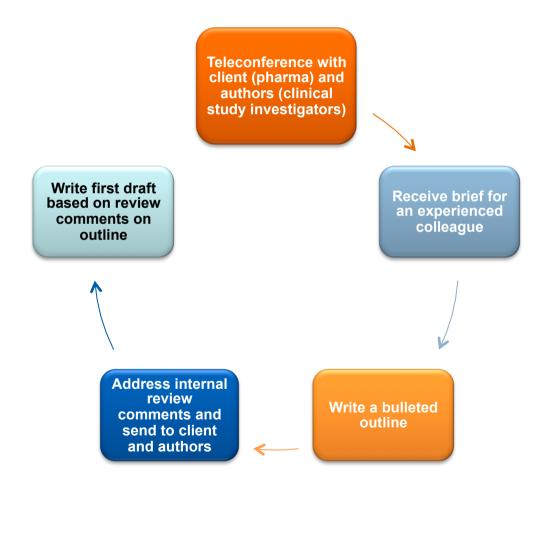
<sup>1</sup>Johns Hopkins Hospital, Baltimore, MD, USA; <sup>2</sup>Faculty of Medicine, University of Ostrava, Ostrava, Czech Republic; <sup>3</sup>Arkansas Epilepsy Program, Little Rock, AR, USA; <sup>4</sup>Mile High Research Center, Denver, CO, USA; <sup>5</sup>Neurologica Klinika, Fakultni Nemocnice U sv. Anny, Brno, Czech Republic; <sup>6</sup>Lithuanian University of Health Sciences, Kaunas, Lithuania; <sup>7</sup>Eisai Neuroscience Product Creation Unit, Woodcliff Lake, NJ, USA

#### **Acknowledgements**

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#### Clinical study manuscript: how it works in practice



#### **Review article**

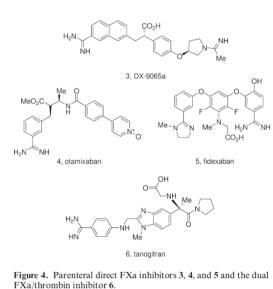


J. Med. Chem. 2010, 53, 6243–6274 6243 DOI: 10.1021/jm100146h

#### Factor Xa Inhibitors: Next-Generation Antithrombotic Agents

Donald J. P. Pinto, Joanne M. Smallheer, Daniel L. Cheney, Robert M. Knabb, and Ruth R. Wexler\* Research and Development, Bristol-Myers Squibb Company, P.O. Box 5400, Princeton, New Jersey, 08543

Received February 3, 2010



Acknowledgment. Professional writing and editorial assistance were provided by Rick Flemming, Ph.D., at PPSI, and were funded by Bristol-Myers Squibb and Pfizer. The authors also thank Joseph Luettgen, Meriah Valente, and Swanee Jacutin-Porte for technical assistance.

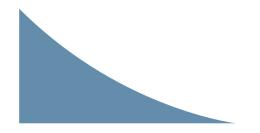
#### **Review article**



*EGFR* mutation testing in lung cancer: a review of available methods and their use for analysis of tumour tissue and cytology samples

Gillian Ellison,<sup>1</sup> Guanshan Zhu,<sup>2</sup> Alexandros Moulis,<sup>3</sup> Simon Dearden,<sup>1</sup> Georgina Speake,<sup>1</sup> Rose McCormack<sup>1</sup>

Acknowledgements Medical writing support was provided by Rick Flemming, PhD, CMPP and Annette Smith, PhD of Complete Medical Communications, and was funded by AstraZeneca.



### Meetings

- Satellite symposia
- 'Standalone' meetings
- Advisory board meetings
- Pitches
- Medical/scientific association congresses





#### **Medical congresses**

- ASCO 2012, Chicago
  - American Society of Clinical Oncology (ASCO) Annual Meeting
  - >25,000 registered delegates + ca. 10,000 affiliated professionals
  - Cutting-edge science
  - Comprehensive report for a biosimilar manufacturer





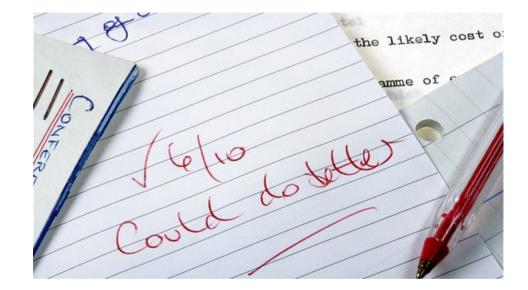


#### **Challenges: deadlines**





#### **Challenges: criticism**





## **Challenges: writing treadmill**







### **Upsides: variety**

- Epilepsy
- Oncology
- Spinal devices
- Thrombosis
- Men's health
- Plus lots more...



## Upsides: flexibility (sometimes...)









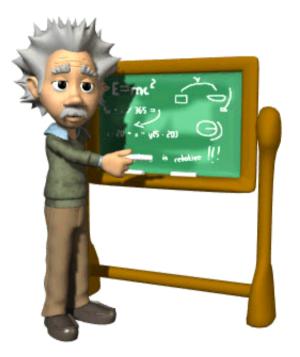


#### **Upsides: travel**

- New York
- Chicago
- San Francisco
- Stockholm
- Prague
- Paris
- Florence



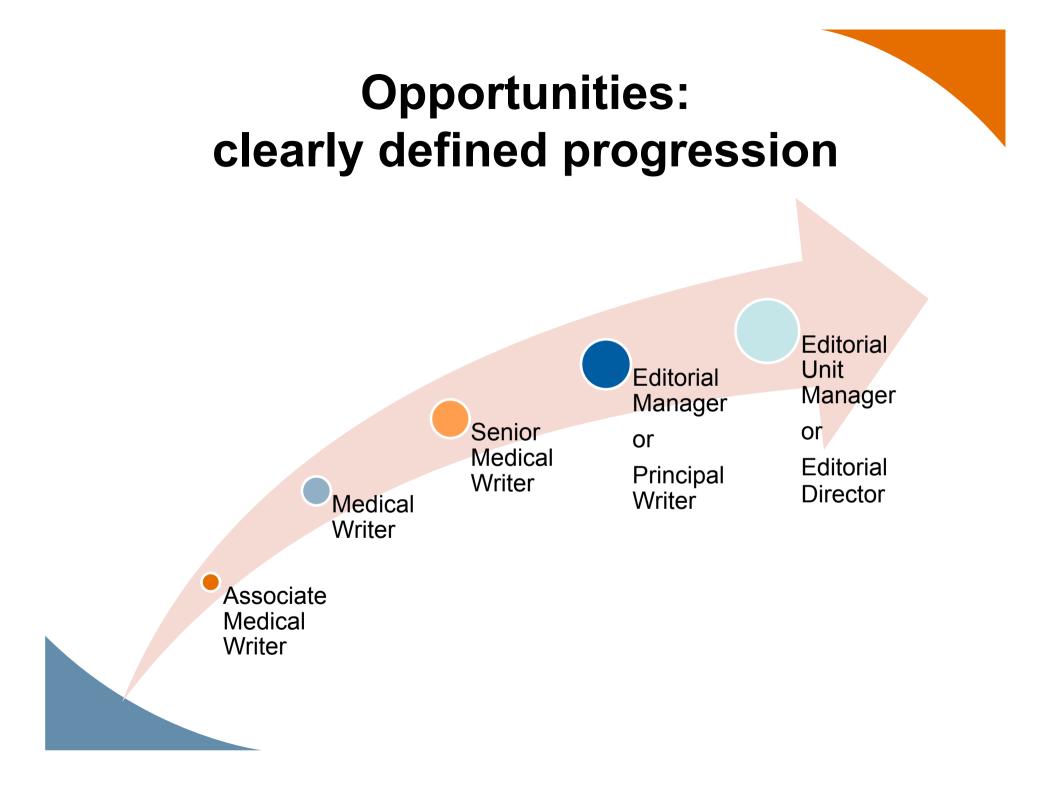
# Upsides: working with the experts





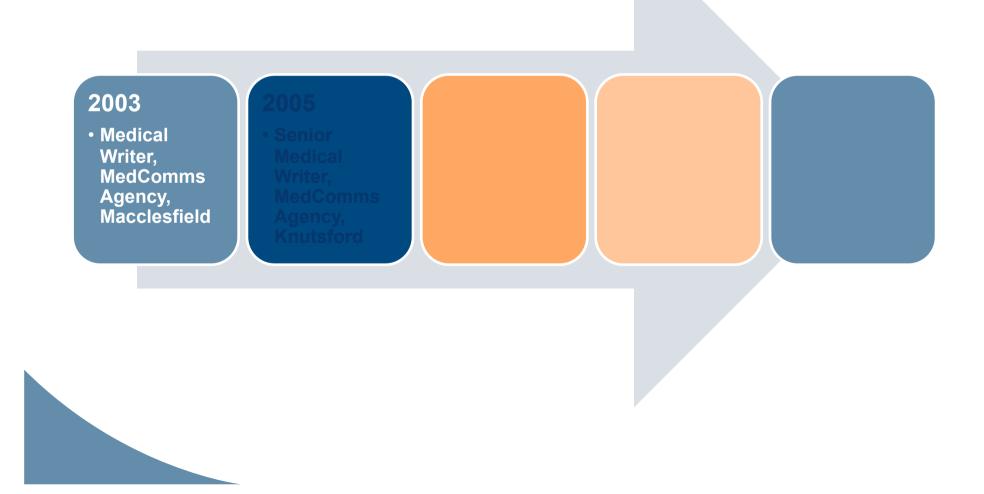
# Upsides: demand for your services

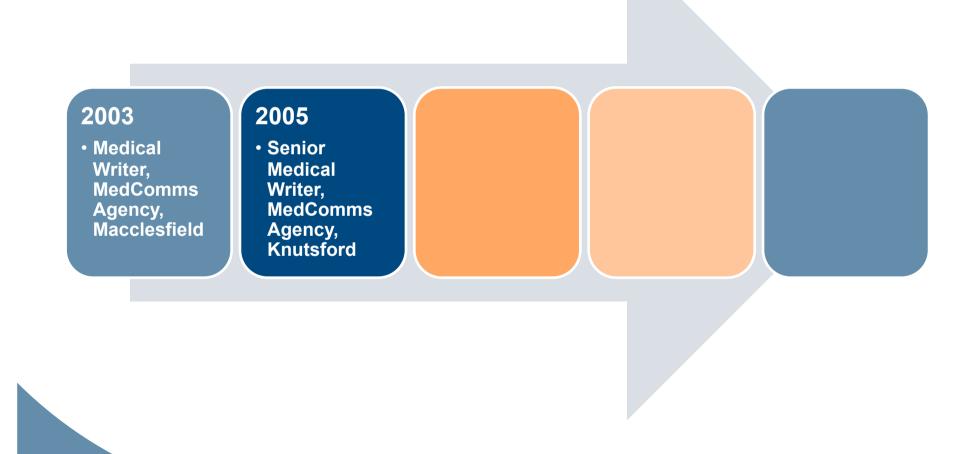
Next MedComms Job	Healthcare Advertising
🔊 Job Feeds 🔋 Follow Us 🛛 🕾 Free Weekly Alert	
Hextine doorning bob is dedicated to	Search Results: 119 jobs found
putting job seekers looking for jobs in the medical education, medical communications and medical publishing	Medical Writing and Editorial jobs
sector in touch with recruiters and employers.	Writer/Senior Medical Writer (Macclesfield) - Bioscript Group UK - North West None BioscriptGroup
Job Type Medical Writing and Editorial <u>X</u> <u>Start Again</u>	We are a successful, full-service medical communications group with offices in Central London, Bollington and Philadelphia, PA. We are privately-owned and have an excellent client base and a great tea[] [Recruiter: Bioscript Group   Posted: 22/04/2013   Jobcode 95003   <u>More</u> ]
Business Type Medical Communications Agency (114) Medical Education Agency (69) Public Relations Agency (6) Advertising Agency (6)	Experienced Medical Writer - Continuing Medical Education UK - South East Fresh Connect Recruitment An Experienced Medical Writer is being sought by a Continuing Medical Education agency based in Surrey. This is an unusual opportunity for a talented individual to work full-time but spend two days a[] [ Recruiter: Fresh Connect   Posted: 17/05/2013   Jobcode 95967   More]
Location <u>United Kingdom</u> (116) <u>Netherlands</u> (2) <u>China</u> (1)	Senior Account Executive - Medical Communications UK - London Fresh Connect Recruitment A successful and innovative Medical Communications agency has an exciting new opening for a talented Senior Account Executive to
Job Level Not Specified (73) Entry Level (1) Experienced - Non Manager (40) Management (5)	provide them with the creativity, vision and account handling expertise[] [ Recruiter: Fresh Connect   Posted: 17/05/2013   Jobcode 95963   More ] Senior Medical Writers x 3 UK - North West Exemplar People

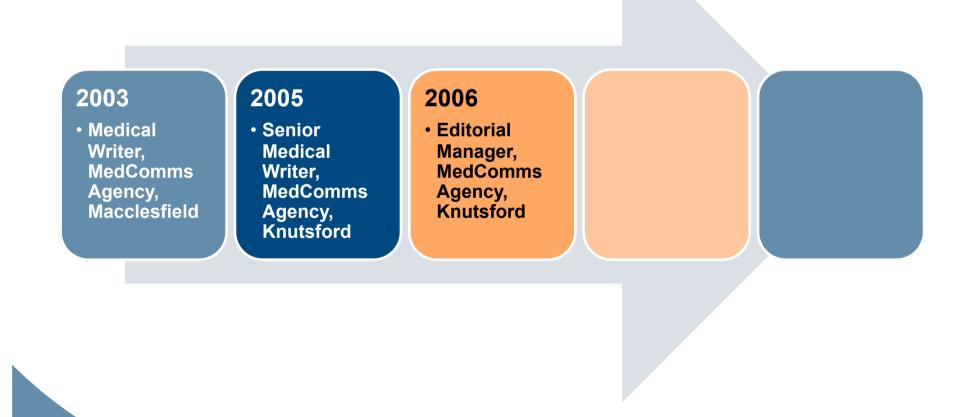


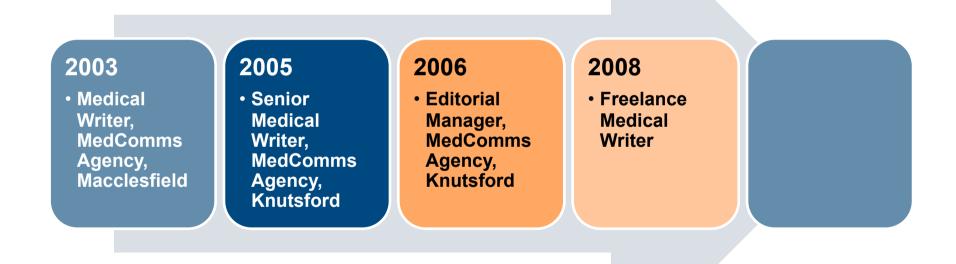
# Increasing opportunities with greater experience













# Benefits of being a freelance medical writer



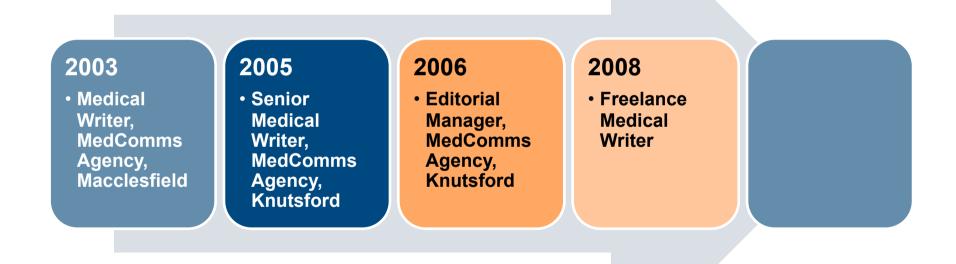
You are your own boss Flexibility in when you work and what work you do

Potential to earn more

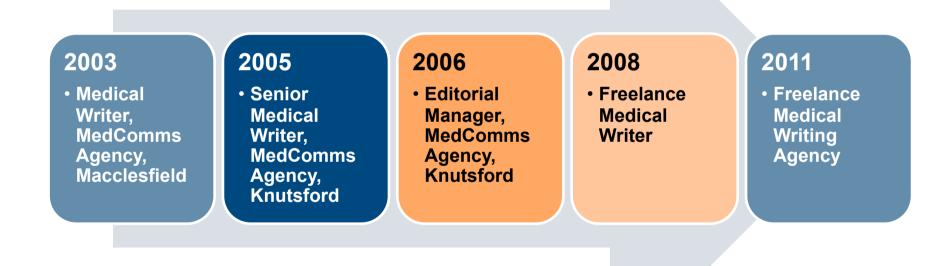


# Drawbacks of being a freelance medical writer

- Losing the benefits of being in employment (regular wage, holiday and sick pay, pension etc.)
- Risk of not getting enough work to pay your bills
- Marketing yourself
- Book-keeping and accountancy
- Lose the social element of working with and around other people











"Life is like riding a bicycle, in order to keep your balance, you must "keep moving." Albert Einstein (1879–1955)

TESTIMONIALS

GET IN TOUCH

WHAT WE DO



WHO WE ARE

HOME

# Is medical writing for you?

Enjoy and excel at writing		
Scientific background and love of science		
Pedantic and accurate		
Good communication skills		
Excellent research skills		
Don't mind or love travel		
Ability to think on feet		
Thick skinned!!		

## Tips for getting into MedComms

- Write at every opportunity
- Learn about medical writing, MedComms and pharma
- Perfect your CV, covering letter and emails!!!
- Try and get relevant work experience
  - Contact freelance medical writers, med comms companies
  - Although not advertised, some may offer paid or unpaid experience

