

Lock, Stock and Barrel: Is it possible, practical or popular to publish everything?

Angela Cairns

KnowledgePoint360 Group, Macclesfield, Cheshire



Objectives

- Review recent debate regarding the drive towards publication of all clinical trials
- How far can we/should we go?
 - What are the benefits?
 - What are the barriers?
- Potential solutions?



What does 'publish everything' actually mean?

Publish?

- Publish in peer-reviewed journal? Or sufficient to post results on publicly accessible database/web page?
- Does 'publish' always mean 'publicly accessible' (e.g. open access)?
- Does 'publish' always mean 'independent'?

Everything?

- All clinical trials? Or preclinical/discovery as well?
- What about post-hoc analyses?
- Analysed data, raw data, or both?
- Only from now onwards? Or old studies as well? How far back?
- Only marketed drugs or failed drugs as well?
- What about failed studies, poorly designed trials, exploratory studies?



What do current regulations say?

- US FDA Amendments Act of 2007
 - Post trial results on clinicaltrials.gov database
 - Only drugs with US marketing approval or cleared/approved biological or medical device
 - All phase II–IV studies in licensed indications
 - Submitted 12 months after trial completion (LPLV)
 - Tabular format, no peer review, no interpretation
- EudraCT
 - Post results on EudraCT
 - End 2012
 - All phase II–IV studies with at least one site in Europe
 - Regardless of marketing approval status
 - 12 months after trial completion (6 months for paediatric studies)
- Regulations do not specify need to publish in peer-reviewed journals







... and the publication guidelines?

- IFPMA/EFPIA/PhRMA/JPMA Joint Position on the Disclosure of Clinical Trial Information via Clinical Trial Registries and Databases 2009
 - Disclosure of summary results in any free, publicly accessible internet-based clinical trial database (commercially available drugs)
- IFPMA/EFPIA/PhRMA/JPMA Joint Position on the Publication of Clinical Trial Results 2010
 - All industry sponsored trials should be considered for publication in the scientific literature
 - At a minimum, results from all Phase III trials
 - And trials of significant medical importance
 - Includes products whose development programs are discontinued
 - Submitted, where possible, to peer-reviewed indexed journals
 - Within 12 (and no later than 18) months of trial completion, marketing approval, or decision to discontinue development
- GPP2 endeavour to publish results of all clinical trials of marketed products



Full access to trial data?

- Focus of several BMJ articles during 2011
- An article on opening up data at the European Medicines Agency
- One suggestion governments and policy makers should ensure public access to data before they licence or purchase drugs
- New initiative by the Wellcome Trust sets out some guiding principles
 - 17 research funders collaborating to increase availability of data from research that they fund (though no method of enforcement)
 - "In the meantime, a modest recommendation to the medical research community: get used to it." Vickers AJ. BMJ 2011;342:d2323



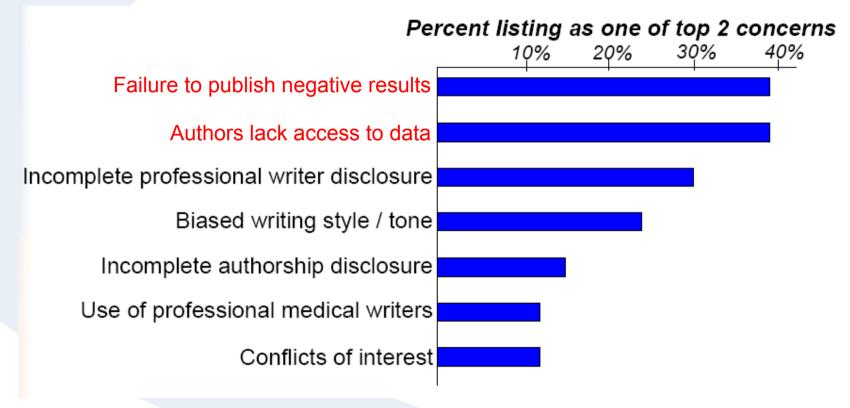
Publish all data?

- BMJ have mentioned a theme issue on 'unpublished evidence' planned for December 2011
- "... the existing evidence base, composed as it is of clinical trials, systematic reviews, and meta-analyses . . . may be missing key information."
- "We are especially interested in high quality original research that aims to uncover previously unavailable data and to re-evaluate treatments and practice in light of that new evidence."



MPIP survey of journal editors

What are the 2 most outstanding unmet needs to address in order to improve the credibility of industry-sponsored research?



^{*}Online survey completed by 33 editors (of 302 invitations); mix of editors-in-chief, deputy editors and other senior editors: ~12% ex-US and ~85% from journals specialised by therapeutic area

www.mpip-initiative.org



The case for publishing everything

- Publication bias
 - Imbalance of positive vs negative studies → distorted perception of treatment effects
 - Unpublished evidence skews meta-analyses, systematic reviews, clinical practice guidelines
 - May negatively affect choice of comparator in comparative effectiveness studies
- Reduce patient risk and advance medical research
 - Negative data and failed products can enlighten future research
 - Avoids subjecting more patients to the same negative trial outcome
- Clinical practice decisions need to be made on full evidence base (patient safety)
- Failure to disclose negatives studies drives up medication costs
- Full data availability
 - Allows independent or different analyses and interpretation
 - Removes potential bias
- Not possible to decide what studies might/might not affect future clinical practice
- Commitment to transparency will increase trust in the pharma industry
- We owe it to those who participated in the trial

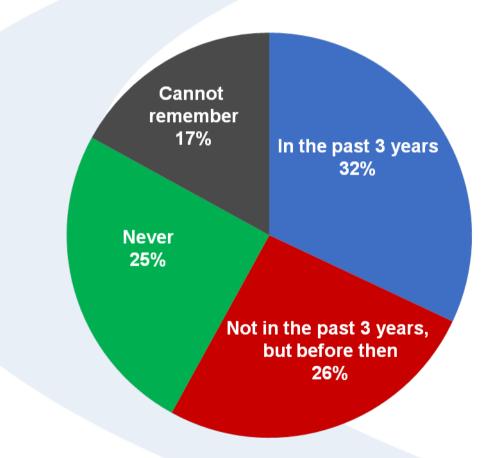


Survey of publication professionals

- Survey conducted 2–21 August 2011 (SurveyMonkey)
 - ISMPP members
 - AMWA members
 - NetworkPharma community
 - Other relevant groups on LinkedIn
- Up to 20 questions (dependent on participant response)
- Eligible professionals involved in developing, planning, publishing medical publications
- Completed surveys evaluated using descriptive, univariate analysis
- 739 respondents of which 679 were eligible
- 607 completed the survey and were analysed



Awareness of negative data from ANY clinical trial not being published by a pharmaceutical company

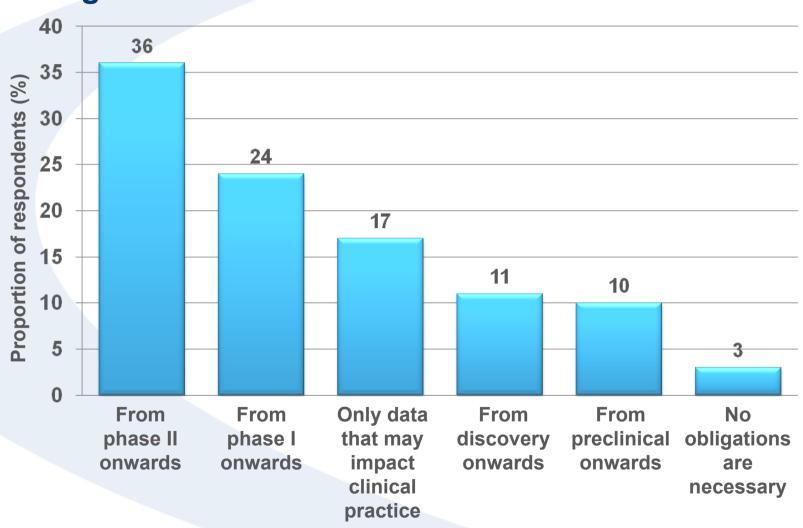


Reasons for not publishing

- Compound discontinued (40%)
- Journal rejection (36%)
- Poor trial design (31%)
- Lack of resources (budget, staff) (27%)
- Damaging to product profile (27%)
- Lack of thought/discussion about making data public (22%)
- Investigators unwilling to publish (20%)
- Data superseded (14%)



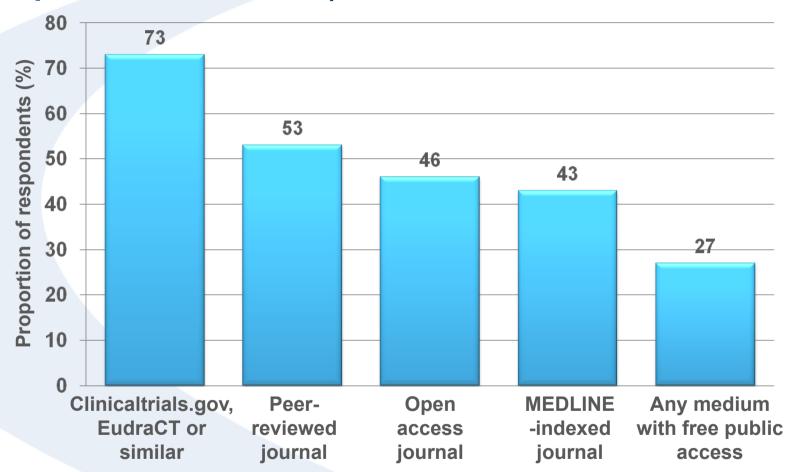
From THE CURRENT TIME onwards, should companies be obliged to make trial data available?



Woodrow R et al. Presented at 2011 European Meeting of ISMPP, November 2011

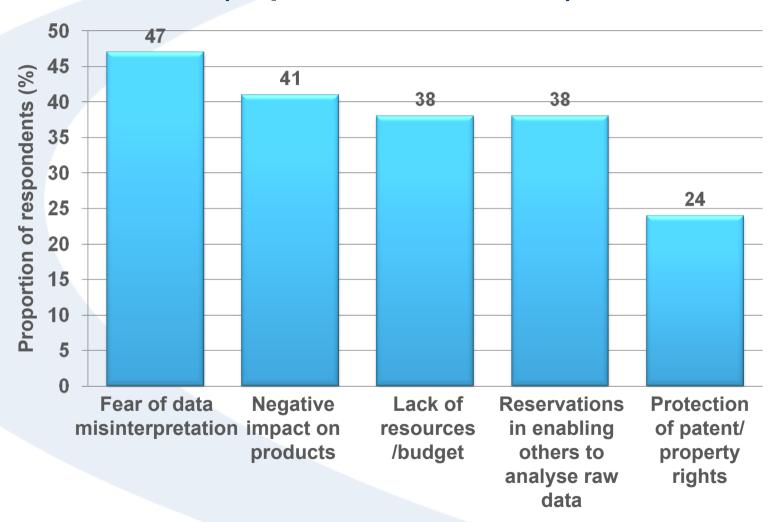


What media would suffice as making the data public? (Top selections shown)





What are the MAIN barriers to publishing all data from now onwards? (Top selections shown)





Barriers to publishing everything

- The appeal of the impact factor (IF)
 - Journals fear IF will be affected (negative research rarely cited)
 - Authors do not want to publish in low tier journals (academic progression/CV)
- Open access
 - Cost of publishing (article processing fee)
 - Unfamiliar with open access
- Clinical trials.gov/EudraCT
 - No interpretation, study limitations
 - Fear of misinterpretation/misrepresentation (HCPs, public, media, lawyers)
- Waste of resources
 - Detracts from focus and spend on R&D
 - Makes drugs more expensive
- Failed drugs
 - Internal resources and budget diverted elsewhere
 - Systems and processes no longer in place
- Company commercial interests
 - Protect data of commercial interest (e.g. to study another indication)
- Scepticism will it really lead to increased trust in the pharma industry?



How much information should be made available?

Raw data

- May not be useful to the average audience (and may be dangerous)
 - Sorting the wheat from the chaff; may be 1000's of pages
 - Poor interpretation or extrapolation could harm patient well-being
 - Open to abuse or misuse: re-analysis by those with a vested interest (e.g. competitor companies, lawyers)
 - Does raw data alone really help transparency efforts?
- Regarded as pre-publication by journals?

Exploratory studies

 Need to be interpreted with caution – only analysed and interpreted data?

Failed studies/drugs

May help direct future research, but depends on reason for failure



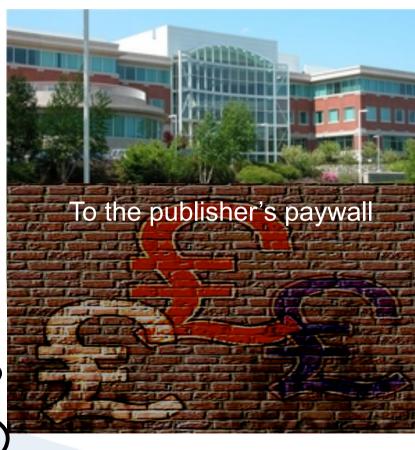
Should we retrospectively release unpublished data?

- Ideally yes, but practical considerations
 - What type of studies/data? How far back?
- Traditional journals unlikely to publish unless interesting data
- Study investigators/company statisticians
 - Are they still around? Willing to author a retrospective paper?
- Study sponsor
 - Do they have resource/budget? If a failed trial/drug, why invest more cost?
 - Is data easily retrievable (companies may have merged, data storage systems changed)
 - Fear of 'bad press' and litigation?
- Therapy area
 - Scientific field may have progressed base interpretation on what was known at the time or what is known now?
 - Analytical practices changed? Clinical guidelines changed?
 - Is study rationale still relevant?
 - Has evidence from 'real-world' usage superseded what was observed in the trial?
- Add stipulations
 - Only marketed products and products in development?
 - Not off-patent or discontinued products?
 - Only studies that impact clinical practice or phase I onwards?
 - But who makes this decision?



If not open access or web-based, are we any further forward?







Potential solutions

- Aim to publish all new studies at least from phase I onwards in peer-review journals
- Publish negative/inconclusive/small studies (provide interpretation)
- Use wider publishing options (ignore impact factors)
 - Open access journals (ideal)
 - Journals that offer supplementary digital content
 - Specific journals that accept negative data
 - At minimum, post results on publicly accessible database
- Publish CTRs on company website (or government website if expanded) (product promotion?)
- Make raw data easily available upon request
- Engage external expert panel to adjudicate if concerns that data may be detrimental to patient wellbeing (e.g. poorly conducted studies)
- Make decision on data dissemination route a key part of publication plans (avoid internet burying)
- Develop decision criteria and guidelines for making 'old' study data accessible
- Should apply to academic and government research, not just pharma
- Need set of reasonable criteria to follow in different circumstances
- Be prepared for future regulatory/government mandates



Summary

- Journal editors see failure to publish negative results as one of the unmet needs in improving the credibility of industry-sponsored research
- Many medical publications professionals are aware of unpublished negative data
- Strong argument for wider and easier access to data
 - Summarised data on clinicaltrials.gov or EudraCT may be insufficient
- Large voice of opinion that clinical trial data before phase II should be made available
 - Earlier that what US and EU regulations stipulate
- Several potential barriers to be overcome to publishing all data
 - Many are surmountable
- Question as to how far back we should go to make unpublished data available
 - Clear rationale required for what is reasonable



Thank You!